



MEDICAL QUESTIONS?

Do you have a question about a personal health or medical concern?

To get answers to your medical questions, contact **Healthnet** at the University of Connecticut Health Center Library – **860-679-4055**. Experienced medical information professionals will research a medical topic for you and provide you with a free customized packet of information based on your specific needs. The resources we use to answer your questions include medical textbooks, medical journals, computer databases, and access to the Internet. Healthnet staff is available from 8:00 a.m. to 5:00 p.m. Monday through Friday. Please remember that Healthnet cannot provide medical advice, opinion, or recommendations.

If you want to do your own research, consider using your local public library. Many public libraries in Connecticut have books, computer databases, and access to the Internet to help you find the answers to your medical questions. Ask a Reference Librarian at the public library for assistance with your research. If you are unable to find the information you need, you can call Healthnet.

You may also use the resources of the Health Center Library to do your own research. The Library is open to the public 7 days a week. You may use our books, medical journals, computer databases, and Internet resources in the library and copy any information you need. If you plan to use our library, you may want to do so when a professional Information Services librarian is available to assist you. Assistance is available Monday through Friday, 8:30 a.m. to 4:30 p.m. (Wednesday, 9:30 a.m. to 4:30 p.m.)

A few examples of the types of questions Healthnet can answer include:

- What current treatments are recommended for rheumatoid arthritis?
- What are the long term effects of surgery for carpal tunnel syndrome?
- Does the herb St. John's wort really work for depression?
- My 6 month old son was just diagnosed with celiac disease. Do you have any information about this condition?
- My doctor prescribed Lipitor for my high cholesterol. Are there any side effects?



Healthnet: Connecticut Consumer Health Information Network
Lyman Maynard Stowe Library * University of Connecticut Health Center
PO Box 4003 * Farmington CT 06034-4003
Telephone: 860/679-4055

<http://library.uhc.edu/departm/hnet>

A FEW RECOMMENDED CONSUMER HEALTH WEBSITES

Healthnet: Connecticut Consumer Health Information Network

Lyman Maynard Stowe Library

University of Connecticut

Healthnet: Connecticut Consumer Health Information Network

<http://library.uhc.edu/departm/hnet/>

Pointers on how to do your own research on the Internet to get answers to your medical questions, resource guides on selected topics, recommended websites for health information.

MedlinePlus

<http://medlineplus.gov>

705 medical topics, information on drugs and supplements, tutorials, surgery videos.

Merck Manual of Medical Information – Home Edition

<http://www.merck.com/mmhe/index.html>

Online textbook of information about diseases, treatments, prognosis. Includes a pronunciation key for medical terms.

Cancer.gov

http://www.cancer.gov/cancer_information/

Comprehensive information on all types of cancer, state of the art treatments, prognosis, cancer related topics including clinical research, coping with cancer, prevention, genetics, screening.

Connecticut Physician Profiles

http://www.physicians.dph.state.ct.us/web_public/web_public.show

Background information on all physicians and doctors of osteopathy including where educated, dates and places of internship, residency training, fellowships, board certifications, publications, malpractice information, and disciplinary actions. Does not rate doctors.

More Recommended Websites – Healthnet

<http://library.uhc.edu/departm/hnet/inters.html>

Over 30 topics and 180+ individual recommended websites, including sites specifically for Connecticut.



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